

APPENDIX I

ONE WEEK STUDY AND LEISURE TIME TABLE

DAY TIME	MON.	TUE.	WED.	THU.	FRI.	TIME	SAT.	SUN.
	4pm to 5pm						9-10 10-11	
5pm to 6pm						11-12 12-1		
6pm to 7pm						1-2 2-3		
7pm to 8pm						3-4 4-5		
8pm to 9pm						5-6 6-7		
9pm to 10 pm						7-8 8-9		
10pm to 11pm						9-10 10-11		
TOTAL DAILY HOURS STUDY								
							TOTAL WEEK'S STUDY =	